



SPA MENU

Open all days 8:00 am - 10:00 pm Last Appoinments at 9:00 pm

www.bansabaiwellnessspa.com

Benefits of Body Spa

- ➤ Relaxes the body
- ➤ Reduces anxiety
- ➤ Reduces mental stress
- ➤ Calms the nervous system
- ➤ Decreases lower back pain

- ➤ Induces mental relaxation
- Slows respiration
- ➤ Stretches connective tissue
- ➤ Reduces chronic pain
- ➤ Improves balance muscles

➤ Promotes quality sleep

- ➤ Lowers blood pressure
- ➤ Ease symptoms of depression
- ➤ Improves productivity
- ➤ Reduces heart rate

"The ultimate rejuvenation gateway for the busy workaholics."

- ➤ Relieves tired and aching
- ➤ Improves muscle tone
- ➤ Relieves cramped muscles
- ➤ Speeds recovery from injury
- ➤ Reduces tension headaches
- ➤ Increases blood and lymphatic circulation
- ➤ Speeds elimination of metabolic waste
- ➤ Increases range of motion
- ➤ Improves posture
- ➤ Improves skin tone and much more





Your lifelong wellness partner for body and skin care, offering comprehensive solutions to optimize your body and mind.

No time? No problem! Our express services bring you quick and effective stress relief. Let's find your inner peace together.

Innovation Respect Responsibity Customer Service Quality

Brand Identity



PURITY

We help you Purify your Body | Mind | Soul

REBIRTH

We give Rebirth to your Brain Cell & your Nervous System

STRENGTH

We help you Strengthen your Body & Mind from its Core.

Celebrate Being You

Follow us on Social Media









"It's not selfish to love yourself, take care of yourself, and to make your happiness a priority.

It's necessary."

Commitments by BAN SABAI

Free Re-Session Guarantee

We provide a free re-session guarantee for infrastructure failures, product quality, and wait times, ensuring an awesome experience with us.

Same Pricing across all Locations

We maintain uniform pricing across all locations in our spa, ensuring fairness and consistency for our valued customers.

Certified & Verified Therapist

Our spa boasts a team of certified and verified therapists, ensuring top-quality service and a relaxing experience for our guests.

Chemical Free Products

At our spa, we proudly offer chemical-free products for a pure and natural experience.

Privacy at its Best

As privacy is important to us, we ensure a consistent standard across all locations and rooms regarding the availability of showers and/or steam facilities.



Instant Rejuvenation

a Head Massage

Indulge in our spa's head massage for ultimate relaxation and rejuvenation.

Recommended For:

Blissful release of stress, Improved scalp health, Deep sense of calm.

• Head /Neck /Shoulder Massage

Welcome to our spa, where we specialize in providing rejuvenating treatments for the head, neck, and shoulders. Indulge in our blissful head massages.

Recommended For:

Relieve tension and promote relaxation, Improve blood circulation, Reduce headaches, Enhance overall well-being.

G Instant Party Glow

One-time use kit featuring a vegetable peel, aloe vera gel, and white nectar. Experience the natural wave of your skin glowing with our Insta Party Glow kit, designed to instantly prepare your skin. Enriched with Papaya extract, Jaiphal extract, Aloe Vera Juice, Arbutin, and essential oils, this kit is suitable for all skin types.

Recommended For:

Ensuring a radiant and rejuvenated complexion.

© Foot Reflexology

A rejuvenating practice that targets specific pressure points on the feet for relaxation and improved well-being. Combine it with our invigorating head massage to experience enhanced circulation.

Recommended For:

Reduced stress, Relief from headaches, Blissful & holistic spa experience.





Body Scrubs

a Apricot and Lemon Grass

This invigorating blend gently exfoliates, refreshes, and improves circulation for a vibrant and radiant complexion. Suitable for all skin types.

Recommended For:

Suitable for all skin types . Lemongrass is refreshing. Apricot for skin spotting and dead skin removal.

Rice & Oat Scrub

Experience the rejuvenating power of rice and oats in our scrub treatments. Gentle exfoliation, deep cleansing, and hydration boost combine to unveil your skin's natural radiance. Suitable for all skin types. Embrace your natural

Recommended For:

Suitable for all skin types. Remove the tan.

G Coffee and Salt

Awaken your senses and invigorate your skin with the perfect blend of coffee and salt scrub, a rejuvenating experience that leaves you feeling refreshed and revitalized.

Recommended For:

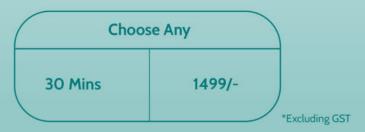
Combination Skin Hard Skin

(d) Coconut Polishing Scrub

Discover the natural radiance within as you indulge in our luxurious coconut polishing scrub. Let the gentle touch of this tropical treasure unveil your skin's true brilliance, leaving you feeling refreshed, revitalized, and ready to shine.

Recommended For:

Sensitive skin



Body Scrubs (Tropical Spa Scrubs)

d Honey & Sugar

Nature's sweet duo, a delightful treat for your skin. Their natural antioxidant power and anti-inflammatory properties work wonders in keeping acne at bay, unveiling a radiant complexion that's as sweet as can be.

Recommended For:

Sensitive skin Dry skin

Blackcurrant Scrub

Revitalize your skin with blackcurrant, a luscious elixir for youthful radiance. Nourish, rejuvenate, and glow with its powerful antioxidants, leaving your skin irresistibly soft and refreshed.

Recommended For:

All skin type

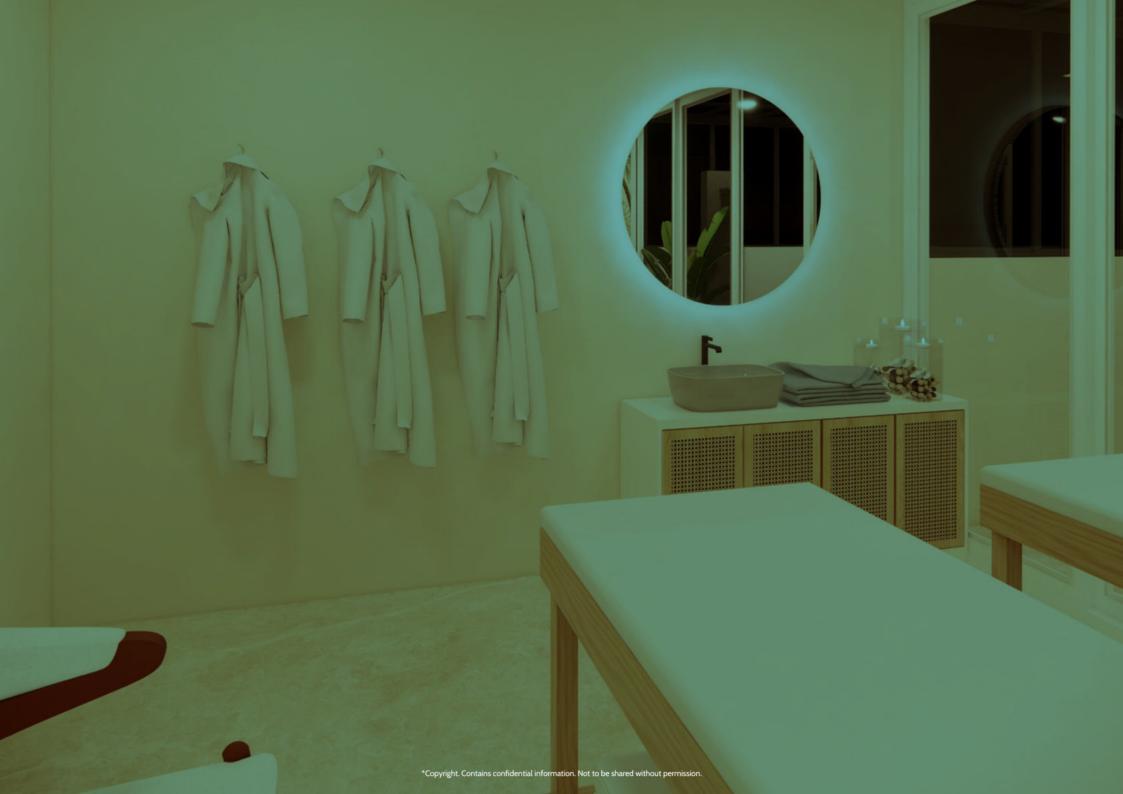


Nature's beauty secret. Its potent antioxidants, like Flavanols, shield skin from UV damage and combat free radicals. With detoxifying properties, it exfoliates, lightens, moisturizes, rejuvenates, and soothes, revealing a complexion that's truly indulgent.

Recommended For:

All skin type





Wraps

Marine Mub Body Wrap

Dive into detoxification and indulge in the benefits of nature's marine mud. Experience its excellent detoxifying properties, extracting toxins from the body while nourishing the skin with essential minerals. Reveal a healthy, balanced complexion that leaves you refreshed and revitalized.

Recommended For:

All skin type

(b) Hydra Mask Wrap

Experience ultimate hydration for dry skin and indulge in the nourishing embrace of essential minerals. Unveil firmer, balanced skin that feels replenished and revitalized.

Recommended For:

All skin type

Vanilla & Coco Wrap

Immerse yourself in a luxurious body treatment that pampers and nourishes. Indulge in the soothing embrace of our body wrap, enriched with pure cocoa and vanilla, for a deeply indulgent, firming, and nourishing experience.

Recommended For:

All skin type





Facials

Skin Whitening & Brightening

a Facial Kit for Oily Skin

The Skin Whitening & Brightening Facial kit is designed to revitalize oily skin, bringing back its natural radiance. Its specialized products lighten the skin tone, control oiliness, and promote a flawless, fair glow. Say goodbye to dullness and hello to a balanced, rejuvenated complexion.

Recommended For:

Oily skin type

(b) Facial Kit for Dry Skin

Revitalize your skin with an ultra-hydrating facial that enhances whitening and brightening effects. Powerful natural actives reduce pigmentation, promoting an even and lighter skin tone. Nourishing butters deeply moisturize, improving hydration and leaving your skin smooth and supple.

Recommended For:

Dry skin type

Anti-aging facial

This rejuvenating facial replenishes skin with antioxidants and fatty acids, promoting new cell growth and reducing signs of aging. It firms and brightens skin, reversing the effects of aging.

Recommended For:

Mature skin type

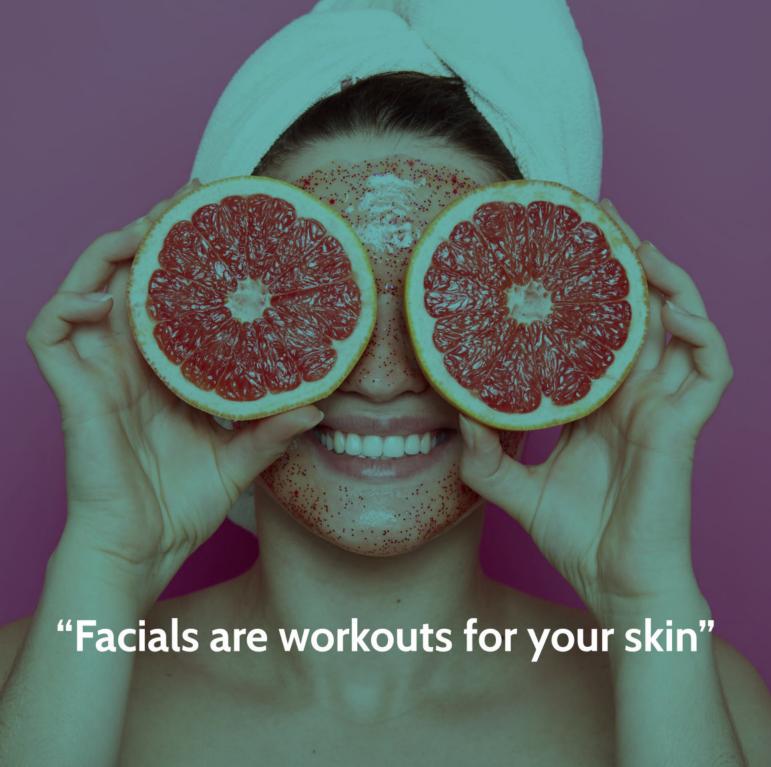
Muvit Facial

Experience the rejuvenating effects of MUVIT facial with natural ingredients and a vitamin-rich formula, promoting elasticity and youthful cell regeneration. Indulge in a relaxing session that includes head moments and a soothing face massage for firmer, glowing skin with visible signs of youthfulness.

Recommended For:

All skin type





Fruit Facials

a Blackcurrant Fruit Facial

Packed with antioxidants and vitamins, it helps nourish and protect the skin, improving its overall health. Experience a rejuvenating treatment that leaves your skin looking refreshed, radiant, and deeply hydrated.

Recommended For:

Oily skin type

Papaya Fruit Facial

It contains enzymes that gently exfoliate, revealing a smoother and brighter complexion. Packed with vitamins and antioxidants, it nourishes and hydrates the skin, promoting a youthful and radiant appearance.

Recommended For:

Oily skin type

Strawberry facial

The strawberry fruit facial offers important benefits, leaving your skin refreshed, nourished, and glowing with its natural properties and antioxidants.

Recommended For:

Oily skin type





Ban Sabai Rituals

6 Go Deep Sleep

Revitalize in just **30 minutes** with our Foot Reflexology and Body Walk combo. Unwind as skilled hands target pressure points and provide soothing experiences. Indulge in pure relaxation and embrace this harmonious treatment.

Embark on a blissful journey with our **90 minutes** Kanse Wand Relaxing Massage. Drift away as expert hands work their magic, releasing tension and promoting deep relaxation. Experience the ultimate in rejuvenation and let the soothing touch of the Kanse Wand transport you to tranquility.

Recommended For:

Those who struggle with sleep uncertainty. Gym/Sports/Corporate professionals.

Duration	Solo	Couple
(b1) 2 Hrs.	3500/-	6500/-
(b2) 2 Hrs. 30 Mins	4500/-	8500/-

*Excluding GST

Ban Sabai Fusion

Revitalize in just **30 minutes** with our invigorating Dry Stretching and Body Walk. Experience a harmonious combination that releases tension and restores flexibility, leaving you refreshed and rejuvenated.

Indulge in a blissful escape with our **30-minute** oil massage. Let the aromatic oils and skilled hands melt away your stress, leaving you feeling refreshed and rejuvenated in no time.

Revive your senses with our **30-minute** Full Body Scrub. Indulge in gentle exfoliation, leaving your skin refreshed, smooth, and glowing.

Experience instant radiance with our **20-minute** Instant Glow Facial. We pamper your skin to leave it refreshed, rejuvenated, and glowing.

Experience pure relaxation in just 10 minutes with our invigorating steam bath. Let the warm steam envelop you, cleansing and rejuvenating your body and mind.

Recommended For:

Those who struggle with sleep uncertainty. Gym/Sports/Corporate professionals.

Ban Sabai Rituals

Ban Sabai Recharge

1. Detan Wrap - 30 mins

Achieve a radiant and sun-kissed glow with our 30-minute De-Tan Wrap. Let our specialized treatment gently exfoliate and nourish your skin, leaving it visibly brighter and free from tan.

2. Warm oil Potli Massage - 60 mins

Experience the soothing touch of warm oil as skilled hands release tension, promoting deep rejuvenation and pure bliss.

Choice of Facial - 60 mins

Pamper yourself with our 60-minute facial experience, where you can choose from a range of rejuvenating treatments tailored to your specific needs.

Recommended For:

Sun exposed skin / Travellers lifestyle / Muscle pains

Duration	Solo	Couple
(b3) 2 Hrs. 30 Mins	5000/-	9000/-
(b4) 3 Hrs.	5500/-	10,500/-

*Excluding GST

Sweet Sixteen

1. Choice of Massage - 60 mins

Indulge in a blissful 60-minute massage, where you can choose from a range of therapeutic techniques tailored to your preferences.

2. Argan oil Head Massage - 20 mins

Nourishing your scalp and soothing your senses. Experience deep relaxation as skilled hands work their magic, leaving you refreshed and rejuvenated.

3. Choice of Scrub - 30 mins

Experience the joy of customization as you select from our range of scrubs, tailored to your preferences, for a pampering treat.

4. Activated Charcoal Facial - 60 mins

Let your skin indulge in a deep cleanse and rejuvenation, revealing a radiant and refreshed complexion.

5. Steam Bath - 10 mins

Rejuvenate in just 10 minutes with our invigorating steam bath. Experience deep relaxation as the warm steam revitalizes your body and mind.

Recommended For:

Those who struggle with sleep uncertainty. Gym/Sports/Corporate professionals.



Ban Sabai Combos

Mini Rejuvenation (Classic)

Choose Any one 90 Mins Classic Massage

Balinese Massage Classic Swedish Massage Sports / Thai Dry Massage Aroma Therapy Deep Tissue

2. Choose Any one 30 Mins Body Scrub

Almond Scrub Chocolate Scrub Pearl Scrub Coconut Scrub

Duration	Solo	Couple
(b1) 120 Mins	3500/-	6500/-
(b2) 120 Mins	4500/-	8500/-

62 Mini Rejuvenation (Exclusive)

Choose Any one 90 Mins Exclusive Massage

Kansa wand Detoxe Massage Hot Stone Massage Warm Bamboo Massage Herbal POtali Massage

2. Choose Any one 30 Mins Body Scrub

Coffee & salt scrub
Apricot & Lemon Grass
Rice & Oats
Coconut Scrub
Chocolate Scrub
Almond Scrub
Pearl Scrub

*Excluding GST

Ban Sabai Combos

63 Mini Rejuvenation (Gold)

Choose Any one 90 Mins Classic Massage

Balinese Massage Classic Swedish Massage Sports / Thai Dry Massage Aroma Therapy Deep Tissue

2. Choose Any one 30 Mins Body Scrub

Almond Scrub Chocolate Scrub Pearl Scrub Coconut Scrub

3. Choose Any one 60 Mins Facial

Skin Whiting Fruit Facials Anti Ageing

Duration	Solo	Couple
(b3) 180 Mins	6000/-	10000/-
(b4) 180 Mins	7000/-	12000/-

Mini Rejuvenation (Diamond)

Choose Any one 90 Mins Exclusive Massage

Kansa wand Detoxe Massage Hot Stone Massage Warm Bamboo Massage Herbal Potali Massage

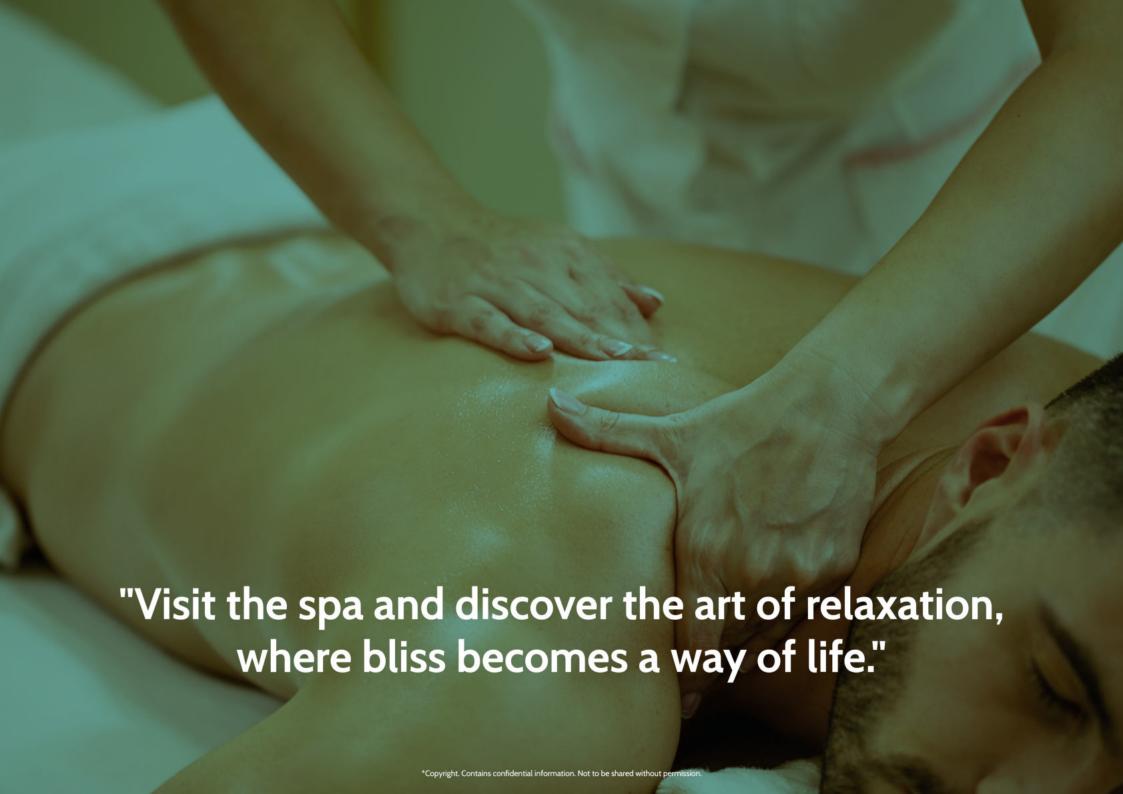
2. Choose Any one 30 Mins Body Scrub

Coffee & salt scrub
Apricot & Lemon Grass
Rice & Oats
Coconut Scrub
Chocolate Scrub
Almond Scrub
Pearl Scrub

3. Choose Any one 60 Mins Facial

Skin Whiting Fruit Facials (Multiple Options) Anti Ageing

*Excluding GST



Classic Massage

Deep Tissue Massage (Strong Pressure)

Deep tissue massage revitalizes with strong pressure, targeting deep muscles and tissues to relieve tension, reduce pain, and promote overall well-being.

Recommended For:

Rehabilitation, Helps Reduces Muscle Tension, Low Back Pain, Chronic Pain

Balinese Massage (Medium to Strong Pressure)

Indulge in Balinese massage, a rejuvenating experience with medium to strong pressure. Let skilled hands revive your body, mind, and soul, as ancient techniques release tension and restore balance. Surrender to the therapeutic rhythm and emerge refreshed, renewed, and ready for life's joys.

Recommended For:

Nowish & softened your skin fully relaxed and calm.

53 Swedish Massage (Medium Pressure)

Swedish massage, with its medium pressure techniques, rejuvenates the body and mind, promoting relaxation, relieving muscle tension, and enhancing overall well-being.

Recommended For:

Release tighten muscles & tension. Increase blood circulation and oxygen level in blood.

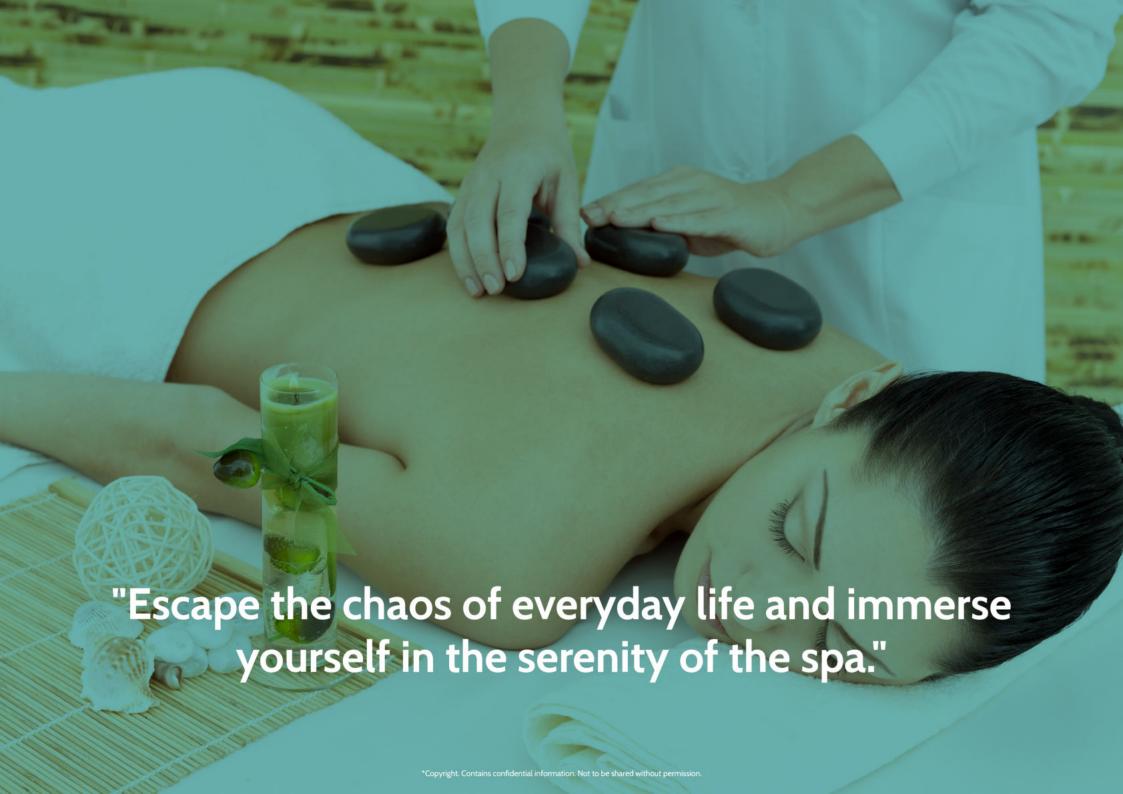
Aroma oil massage (Light Pressure)

Aroma oil massage offers a rejuvenating experience that relaxes the body, revitalizes the mind, and promotes overall well-being. Its therapeutic properties and soothing aroma create a tranquil atmosphere, leaving you refreshed and renewed.

Recommended For:

Skin Nourishment, Dry skin type, Light pressure

Choose Any		
60 Mins	2500/-	
90 Mins	3000/-	
120 Mins	3500/-	



Exclusive Massage

Kansa Wand Massage (Medium to Strong)

Kansa wand massage offers medium to strong pressure for deep relaxation, using a special metal bowl to release tension, promote circulation, and induce a sense of calm and balance.

Recommended For:

Contracted Muscles, Detox, Increase immunity.

Hot Stone Massage (Medium To Strong)

Hot stone massage offers medium to strong pressure. relaxation by utilizing heated stones and skilled massage techniques. The warmth and pressure release tension, increase circulation, and promote deep relaxation for both body and mind.

Recommended For:

Overworked muscle, Athlete's, Anti-aging

Warm Bamboo Massage (Srong Pressure) 4 Herbal Potli massage (Medium Strong)

A warm bamboo massage offers strong pressure relaxation using heated bamboo sticks for deep muscle relaxation and overall rejuvenation.

Recommended For:

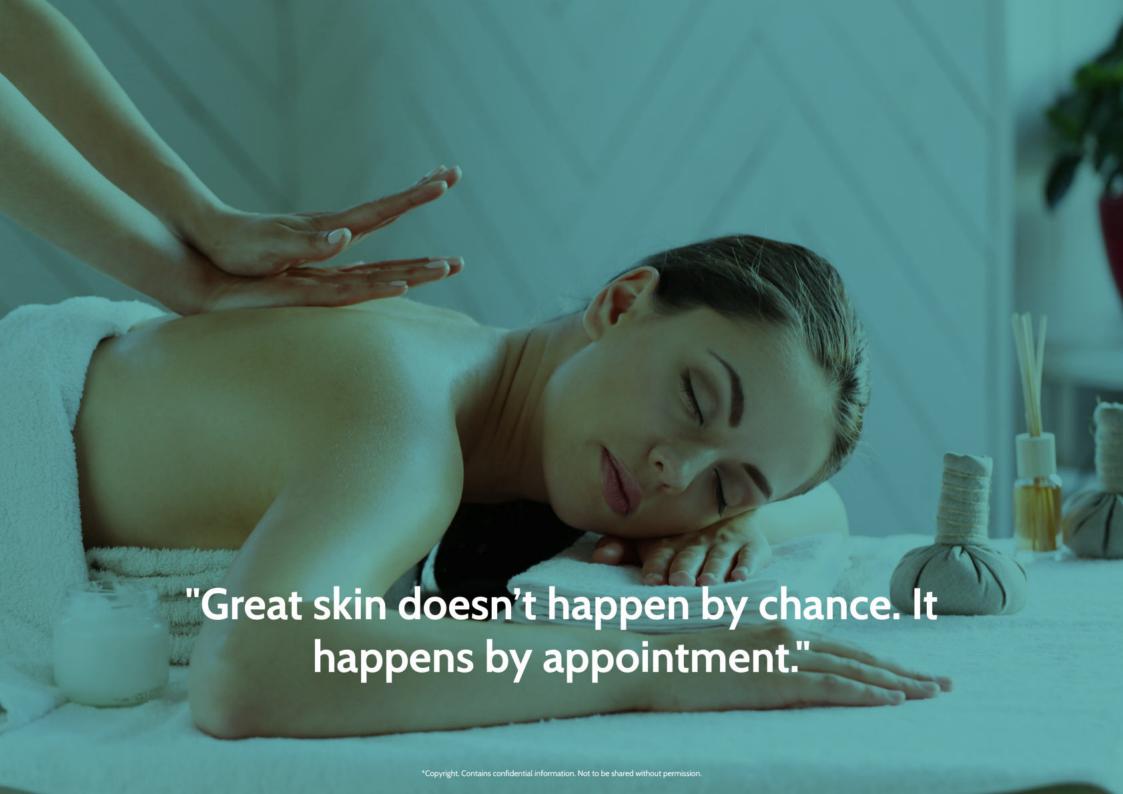
Nourish & softened your skin fully relaxed and calm.

Herbal potli massage applies medium to strong pressure with heated herb-filled pouches, promoting relaxation, relieving muscle tension, and improving circulation. It offers deep physical relief and restores a sense of well-being.

Recommended For:

Joint Pain, Arthritis

Choose Any	
60 Mins	3000/-
90 Mins	3500/-
120 Mins	4500/-



Ban Sabai Special Massages

Thai/Dry Massage (Strong to Strong)

Thai dry massage combines strong pressure with relaxation techniques to release tension, improve flexibility, and promote overall well-being. It uses acupressure, stretching, and deep tissue manipulation to revitalize the body and provide a profound sense of relaxation.

Recommended For:

Contracted Muscles, Detox, Increase immunity.

Four Hand Massage (Medium Pressure)

A four-hand massage with medium pressure provides ultimate relaxation through synchronized movements by two therapists, promoting deep relaxation and alleviating muscle tension.

Recommended For:

Fatigue, Dull Skin, Body Blood Circulation.

Choose A	ny (b1/b2)
60 Mins	3500/-
90 Mins	4000/-
120 Mins	4500/-

53 Shea Butter Massage (Intense Pressure)

Shea butter massage with strong pressure provides deep relaxation and rejuvenation for the mind and body, releasing tension, improving circulation, and leaving you feeling revitalized and with soft skin.

Recommended For:

Dull Skin, Premature Aging.

Couple Massage (Medium Strong)

A couple's massage is a relaxing experience where two people receive simultaneous massages, promoting relaxation and bonding.

Recommended For:

Couple/Friend For quality time. Meeting Health Goal

Choose Any	(b3/b4)
60 Mins	3500/-
90 Mins	4000/-
120 Mins	4500/-



Ban Sabai Rejuvenation Journey

A day of loving & caring for yourself (5 hrs of therapy)

An exclusive spa experience with complementary therapies for rejuvenation, "Me time" and a day spent well.

Choice Any 90 Mins Treatment From Classic & Exclusive.

- Choice Of full body Surub/Wraps (45 Mins)
- Specialized oil (Head Massage) (30 Mins)
 (Including Shower & Steam)
- 3. Healthy Salad & Fresh Juice (30 Mins) (Meal Time)
- 4. Skin Whiting Facials (60 Mins)
- 5. Jacuzzi with Fresh Juices (45 Mins)

Duration	Solo	Couple
5 Hrs. Each day For 1 Day	7500/-	12,000/-

*Excluding GST

Ban Sabai Rejuvenation Journey

Ban Sabai (2 Days) Retreat

We have put together this program for those who are looking to recover their body and mind from the inside out. Here for two days, we will pamper you with our expert massages.

Day I

- Choice Of Any Treatment (90 Mins)
- 2. Choice Of Any Scrub (30 Mins)
- 3. Healthy Salad & Fresh Juice (60 Mins)

Day 2

- 1. Thai dry massage with stretching (60 Mins)
- 2. Skin impurities removal wraps (30 Mins)
- 3. Pedicure/Foot Reflexology (45 Mins)
- 4. Manicure/Face/Head massage (30 Mins)

	Duration	Solo	Couple
31	(b2) Hrs. Each day For 2 Days	10,000/-	19,000/-

*Excluding GST

Ban Sabai Rejuvenation Journey

Ban Sabai (3 Days) Retreat

In this restoration retreat, one of the key components is releasing muscular stress, restoring harmony, increasing energy, as well as improving vascular circulation through a variety of massage techniques and skin booster treatments, which are the key components of the retreat.

Day I

- Deep tissue massages (90 Mins)
 (Use of Bamboo sticks)
- 2. Skin brightening facial (60 Mins)

Day 2

- 1. Deep tissue massages (90 Mins)
- 2. Thai dry massage (30 Mins)
- 3. Steam bath (30 Mins)

Day 3

- 1. Pedicure (45 Mins)
- 2. Manicure (45 Mins)
- 3. Head Massage (30 Mins)
- 4. Jacuzzi (30 Mins)

Duration	Solo	Couple
(b3) 2.5 Hrs. Each day For 3 Days	12,000/-	22,000/-

Ban Sabai Week-long Rejuvenation Journey

5 7 days of Love, Self Care, Detox

Welcome to our 7 days retreat focused on love, self-care, & Detoxification at the tranquil serene spa retreat! get ready to embrace a transformative journey of rejuvenation, and relaxation, in a warm & cozy environment.

Day I

Hot Stone Massage (90 mins) + Rice & Oats Scrub (30 mins)

(Release Muscle Soreness & Remove impurities from skin)

Day 2

HNS (Head/Neck/Shoulder) 15 mins+ Pedicure (45 mins)+ Facial (60 mins)

(Revive facial & pamper your feet)

Day 3

Thai Dry (60 mins) + Marine mud wrap (60 mins)

(To release toxins and restore muscle flexibility)

Day 4

Shea butter massage - (60 mins) + face massage with a collagen mask (30 mins)

(To break patterns & Provide moisture to the body)

Duration	Solo	Couple
(b1) 2 Hrs. Each day For 7 Days	20,000/-	38,000/-

Ban Sabai Week-long Rejuvenation Journey

5 7 days of Love, Self Care, Detox

Welcome to our 7 days retreat focused on love, self-care, & Detoxification at the tranquil serene spa retreat! get ready to embrace a transformative journey of rejuvenation, and relaxation, in a warm & cozy environment.

Day 5

(60 mins) Rice & oats full body scrub + (30 mins) Dry massage full body

(To recharge & revive the skin)

Day 6

Manicure (45 mins) + Body polishing (45 mins) + Head massage (30 mins).

Day 7

Skin whitening facial 45 mins + coconut scrub (30 mins) + jacuzzi & steam (60 mins)

Duration	Solo	Couple
(b1) 2 Hrs. Each day For 7 Days	20,000/-	38,000/-



Ban Sabai Membership

Introducing an hourly membership

(Any services, Any location one price / 100% Transparency) OTP-based membership process.

Enjoy the Benefits Like

- 1. Prior Appointment
- 3. Complimentary steam & same.
- 5. Multiple Location

- 2. Hygiene Rooms
- 4. Can bring family & friends (12 months validity)

(All credit and debit cards are accepted)







Peace

Rs. 15,000 for 10 hours

The effective price is Rs 1500/- for 1 hour instead of Rs 2500/-

Save 40%

Serene

Rs. 30,000 for 25 hours

The effective price is Rs 1200/- for 1 hour instead of Rs 2500/-

Save 48%

Harmony

Rs. 50,000 for 50 hours

The effective price is Rs 1000/- for 1 hour instead of Rs 2500/-

Save 60%

*Hours apply to Classic Massages, Facials, Scrubs, Steam, Sauna and Wraps.

(Hours for Exclusive Massages Vary)





Ban Sabai NIBM

Siddhi Towers, NIBM Rd, opposite Domino's Pizza, Guru Nanak Nagar, Mayfair Eleganza Phase II, Kondhwa, Pune, Maharashtra 411048



+91-8390067662

Ban Sabai Kalyani Nagar

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India's First Spa which Promotes Women's Empowerment, Kitty Parties, and Wedding Makeover.

We humbly appreciate and thank our Patrons and Members who have contributed immensely towards where we are today.

www.bansabaiwellnessspa.com